

Soul Coffee

In each one of us there is an Egypt and a Pharaoh and a Moses and Freedom in a Promised Land. And every point in time is an opportunity for another Exodus.

Egypt is a place that chains you to who you are, constraining you from growth and change. And Pharaoh is that voice inside that mocks your gambit to escape, saying, "How could you attempt being today something you were not yesterday? Aren't you good enough just as you are? Don't you know who you are?"

Moses is the liberator, the infinite force deep within, an impetuous and allpowerful drive to break out from any bondage, to always transcend, to connect with that which has no bounds.

Everyone is Family!

Happy Passover!

By Rabbi Zalman Minkowitz, Director of Chabad Chevy Chase

ne of the most memorable Passovers I can recall was during my Rabbinic training in 2012. I was to lead a Passover Seder in the remote Ukrainian town of Shostka. This is a town that has only one paved road with almost no change since the

early 1940's

There were only 40 Jewish people in town most of whom knew little or nothing about the meaning of Passover, all of whom were at our Seder.

So what was the memorable part? There was leading a Seder through a translator,

all while trying to stay awake after spending the past night Koshering the kitchen. There was also a great sense of purity and simplicity that is in fact from another centaury. These people were so happy to just be celebrating with fellow Jews. Some told me that they had not had a full meal in weeks!

> Most of all, it was an eye opening experience. For the first time I really appreciated what it meant to be truly free.

> I wish you all a happy and healthy Passover. May we always share our freedoms with our fellow men and

women so that they too can taste the joy of Passover!

Purim in Chevy Chase



Friends of Lubavich

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PLEASE JOIN US FOR A MODEL SEDER IN ADVANCE OF PASSOVER!

A Full dinner will be served. The event is geared for families with children, but all are welcome. We will be baking Matzah at the Seder!

Date: Tuesday, March 27 Time: 4:30pm



PASSOVER MENU!

Free delivery in Chevy Chase!

SHABBATMENU.COM

UPCOMING PROGRAMS & EVENTS

- Friday, March 23 6:00 PM Friday Evening Services and Kiddush
- Tuesday, March 27 4:30 PM Model Seder in advance of Passover
- Friday, March 30 Passover Seder. Please contact us for more info.

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